

BIOGRAPHY

Lise Stolze, MPT, DSc, PMA®-CPT is a certified Schroth scoliosis therapist through the Barcelona Scoliosis Physical Therapy School (C2) and is a certified SEAS scoliosis specialist (SEAS 2) through the Italian Scientific Institute for the Spine (ISICO). Lise earned her master's degree in physical therapy in 1993 and her doctor of science degree in orthopedic physical therapy in 2011. Her doctoral dissertation on low back pain and Pilates was published in the Journal of Orthopedic and Sports Physical Therapy. She has worked as affiliate faculty for the Regis University Physical Therapy program in Denver Colorado. Lise serves on the Pilates Method Alliance (PMA) Research Committee and is an educator for Polestar Pilates Education. She completed her initial Pilates training in the Ron Fletcher method in 1993. She holds a certification in the **GYROTONIC EXPANSION SYSTEM®**, is a registered yoga teacher through the Yoga Teacher Alliance and is a certified strength and conditioning specialist (CSCS) through the National Strength and Conditioning Association (NSCA). She has presented nationally at the PMA annual conference, at the American Physical Therapy Association Combined Sections Meeting, at Pilates on Tour and internationally with the International Society on Scoliosis Orthopedic and Rehabilitation Treatment (SOSORT). Lise is an active member of SOSORT and currently owns Stolze Therapies: Manual and Movement Arts in Denver Colorado.