

## **Andrzej M'hango PT, MSc, D.O.**

Co-author and educator of FITS Method (Functional Individual Therapy of Scoliosis).

Physiotherapist - graduated from Academy of Physical Education in Wrocław – 1992.

In 1999 completed specialization in physiotherapy - level I, in 2005 completed specialization in physiotherapy level II from Post-Graduate Medical Centre .

Osteopath D.O. - from 2003 to 2009 studied at Sutherland College of Osteopathic Medicine from Brussels, in 2010 passed final exams. In 2012 defended diploma thesis and attained the title of D.O. (certified osteopath).

Certified therapist : manual therapy (Postgraduate Education Medical Center), GDS (Chaines Musculaires et Articulaires), FDM (Fascial Distortion Model), Kinesiotaping therapy, Trigger Point Therapy . International PNF therapist.

Participant of specialist courses in the field of physiotherapy and manual therapy (over 70) and postgraduate courses in osteopathy (over 30).

Completed training in scoliosis therapy:

- Osteopathic approach in the treatment of scoliosis
- Pediatric osteopathy
- Myofascial release in thoracic area, working with scoliosis
- ISST International Schroth 3D Scoliosis Therapy part I
- BSPTS

In 1995 he established Medical and Physiotherapy Clinic CRM “Terapeuta” . At the present time there are over 50 employees (physiotherapists, nurses, physicians and speech therapists).

Affiliated : : The Society of Polish Osteopaths, EFO European Federation of Osteopaths , Polish Manual Medicine Association, International Society on Scoliosis Orthopedic and Rehabilitation Treatment.

He is also a Disciplinary Judge in The Polish Chamber of Physiotherapists.