

Tamie Gangloff MA MFT

Therapist, Training, Outreach Manager, Advocate

Tamie is a marriage and family therapist and outreach professional with a specialty in the treatment of eating disorders, addiction and trauma. Tamie was diagnosed with AIS (adolescent idiopathic scoliosis) as a young adolescent and was treated conservatively with a brace. Tamie underwent a staged spine fusion surgery, as an adult, to repair her scoliosis and degenerative disc disease. Through her experience she has discovered the need to address the mental health needs of those with scoliosis and spine fusion surgeries. Tamie utilizes her personal and professional experience to help others and advocate for change.

Publications:

“The Need for Group Support After Major Surgery” – Psych Central Dec 10 2019

“Post Op Body Image Changes: Conversations with a Therapist” – Psych Central Pro September 21 2019

“Scoliosis and Body Image” – Psych Central Pro April 11 2015

Tamie is also featured in ‘Spines: The Art of Scoliosis’ by Sydnee Lubar and ‘Thriving After Trauma’ by Shari Botwin LCSW.