

# Tony Betts Physiotherapy

Tony Betts, Chartered Physiotherapist  
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Tony Betts

Present employment: Highly Specialist Senior Physiotherapist;  
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Private Practice: 127 Harley Street, London W1G 6AZ  
Honorary Clinical Lecturer Fellow UCL

Tony Betts is a highly specialist Physiotherapist. He has worked at the World renowned Royal National Orthopedic Hospital for 28 years. During this time he has developed a special interest in the treatment and assessment of Scoliosis patients, including infantile, congenital, adolescent and adult. He worked for 15 years with Min Mehta and helped teach and expand the Side Shift program. He has published pathways, guidelines and treatment protocols for Side Shift. He has also worked for 20 years with a German Schroth Therapist. He is an Honorary Spinal teacher for University Colleague London. He has developed post-operative spinal surgical exercise programs. He has taught regionally and nationally on the subject of assessment and exercises to the lumbar spine for conservative and post-operative care.